

Activity: Mapping for Success

Early in this process you read about mapping for success and identified certain outcomes you wanted to achieve. It's now time to revisit those outcomes and refine and add to them. Have they changed? Are they more specific? How confident are you that you will achieve them? Answer the following questions using all the tools you have learnt throughout this process. Remember, you will achieve more success and grow your knowledge and understanding by handwriting your answers. Answer as little or as much detail as you feel worthy.

What would I like to achieve? Why is this important to me? (Determine specific destination, measurability, and timeframe)
How can I measure my progress? Identify points of progress and stay on track – test and measure (Recognise Progress Markers)
Does how you feel, impact your performance? How can you use what you have learnt over the past weeks to develop a continuous pattern of performance? How will you commit to creating a habit for success?
How will I know when I am successful? (Make adjustments and alignments)
What am I focusing on now? (Be resourceful)
What helps me believe in myself? (Celebrate Success)