



Activity: Aim Your Strengths

Let's now look at each of your individual themes and answer questions directed at common areas of your life and work. For example, answer each question five times relating to each theme. Remember, you will achieve more success and grow your knowledge and understanding by handwriting your answers. Answer as little or as much detail as you feel worthy.

Theme	How can I direct this theme in my career?
1	
2	
3	
4	
5	
	How can I direct this theme in my leadership?
1	
2	
3	
4	
5	
	How can I direct this theme in my relationships?
1	
2	
3	
4	
5	
	How can I direct this theme in my teamwork?
1	
2	
3	
4	
5	



Theme	How does this theme help me get things done?
1	
2	
3	
4	
5	
	How do I inspire others using this theme?
1	
2	
3	
4	
5	
	How does this theme help me develop stronger relationships?
1	
2	
3	
4	
5	
	How does this theme help me think and plan?
1	
2	
3	
4	
5	
	How can I direct this theme in my communication?
1	
2	
3	
4	
5	