

## Activity: Appreciation

Let's now look at each of your individual themes and answer similar questions more specifically. For example, answer each question five times relating to each theme. Remember, you will achieve more success and grow your knowledge and understanding by handwriting your answers. Answer as little or as much detail as you feel worthy.

Theme	How does this theme help me get things done?
1	
2	
3	
4	
5	
	How do I inspire others using this theme?
1	
2	
3	
4	
5	
	How does this theme help me develop stronger relationships?
1	
2	
3	
4	
5	
	How does this theme help me think and plan?
1	
2	
3	
4	
5	