



## Activity: Appreciation

Appreciating your top five Signature themes imagine how they will drive your performance in the future? This may be applied to something you want to achieve or an everyday situation. Remember, you will achieve more success and grow your knowledge and understanding by handwriting your answers. Answer as little or as much detail as you feel worthy.

1) How would you describe yourself?
2) How can I use my talents to achieve what I want to achieve?
3) How can I use my talents to communicate my ideas, hopes and dreams?
4) How can I use my talents to build, positive fulfilling relationships?
5) How can I be myself while belonging to a team?