



Activity: Awareness

Look at your top five Signature themes. How do they drive your performance? This may be applied to something big you want to achieve or an everyday situation. Remember, you will achieve more success and grow your knowledge and understanding by handwriting your answers. Answer as little or as much detail as you feel worthy.

1) How would your friends describe you?
2) How do your themes impact your ability to make things happen?
3) How do you use your themes to influence (or inspire) others?
4) How do you use your themes to build and nurture relationships
5) How do you use your themes to think about, plan or analyse a situation?